

COLLEGE OF THE NORTH ATLANTIC

Access ... Your Way - Encouraging education through ease of access

At College of the North Atlantic (CNA), there are a vast number of Student Services available from the time a prospective student first considers CNA, right up until their graduation day - all with the goal to help them succeed in whichever career path they choose.

Each of CNA's 17 campuses throughout Newfoundland and Labrador has qualified staff who provide unique supports and opportunities to students on their academic journey. Among them are: Student Development Officers (SDOs)/Co-op, Guidance Counsellors, Accessibility Services Coordinators, Resource Facilitators, and the Library Services teams.

However, student supports can be delivered in a variety of other ways. There has been great success with CNA's student-centred programs, including Peer Tutoring, an Online Academic Help Centre, Peer Mentoring program, and a Pantry Program at each campus to help with student hunger, the high cost of food and their overall health and wellness.

The college has also implemented successful programs, such as StartSMART, which focuses on Strategies for Mindful Academic Readiness Training (SMART) for six specific areas: student supports, transition into post-secondary, technology, mindfulness, time management and study tips. The program assists students in preparing for post-secondary studies and is further complemented by student panels, faculty panels and information on the guiding principles of Equity, Diversity, and Inclusion.

CNA is focused on its Indigenous students and employees. The Indigenous Resource Centre at our Happy Valley-Goose Bay campus is tailored specifically to support this group of students. The primary focus of the centre is to support them through their academic journey, as well as provide a safe space, with the assistance of an Indigenous Support Coordinator and an Indigenous Support Specialist. In addition to the above-mentioned positions, a Guidance Counsellor is also available to work closely with students and provide additional resources, such as mental health counselling, personal counselling, and academic/career guidance.

The college's Happy Valley-Goose Bay campus is one of the fastest-growing campuses at CNA with a \$5.5 million dollar extension, providing additional space for new classrooms, two lecture theatres, a library, increased common areas and offices. This campus continues to deliver quality programming designed to meet modern industry's needs. Full-time credit course registration is approximately 300 students per semester, with another 50 registered part-time. Upwards of 800 students participate in Continuing Education evening courses each year.

To increase accessibility, the Happy Valley-Goose Bay campus also offers cafeteria services, single- and family-based residence accommodations, as well as on-site child care facilities.

Co-operative (Co-op) Education is a form of Work Integrated Learning that alternates academic semesters with paid, program relevant work experience. Depending on the program, Co-op students will participate in one to three work terms that are usually 12-16 weeks in length. This allows students time to start thinking about what their goals will be throughout their program.

Co-op Programs at CNA follow Co-operative Education and Work-Integrated Canada (CEWIL) guidelines and meet or exceed the academic accreditation standards set by the industries' professional association.

For more information about CNA and its work to make its campuses a more inclusive and progressive learning environment, visit: www.cna.nl.ca

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